

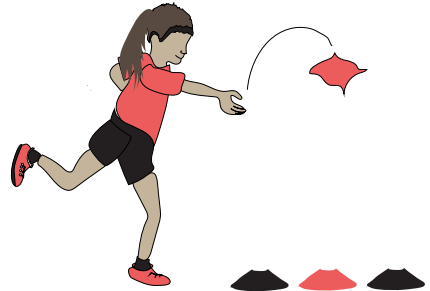


# Three in a Row PE Home Learning



## Time to Learn:

- Each player has three targets that they place on the floor.
- Each player takes three steps back from their targets when throwing.
- Players take turns to throw an object towards their targets.
- If a player hits a target it is removed.
- If a player misses they place a target which has been removed back in.
- The first player to hit all of their targets is the winner.



**Play on your own!**  
How many attempts does it take you to hit all three targets?

**Play for three minutes!**  
Score a point every time you hit a target. How many points can you score?

**Have a competition!**  
Create a league table and play against different family members.

## Top Tips

### Throwing Underarm

- Step forwards with one foot, releasing the ball from low to high using your opposite hand.



## Let's Reflect

- Why should we congratulate the winner of the game?
- How did you feel when your throws were successful?