

Active Stories

Easter Bunny and The Manic Magician

By Owen Denovan
Primary Steps in PE



1.

Help me! Help me! We need to escape!
I'm being hunted by a strange man in a cape.

He's got lots of cards and a rather strange hat.

He wants to use me for magic, I'm not doing that!



2.

He's very evil you know, and *will* stop at nothing!

To keep me locked up until the last day of Spring!

He's not a nice man and he's a bit of a fool!
That's why he needs us - to make him look cool!

3.

It's Easter soon, this is our time of year.
I'm not going to be made to disappear!

Jump away with me, and do it quick,
This Manic Magician has got enough tricks. **(jump away)**

4. "AH HA! I've finally trapped you Easter Bunny.

Now get in this hat... don't try anything funny!

Oh no!

We've got to escape or at least let's try.
We can't go round him so jump up high!

Use your springy legs and jump over the top.

(3 small jumps and a tuck jump)

And carry on hopping and do not stop!



5.

*"You can't hop forever, soon you'll be mine!
Look at this floor I've turned it to slime!"*

That will slow you down and make your feet

6.

This ground is so slimy! It's too sticky to hop.

Don't bother jumping, let's slide.
Don't stop!

(skating movements in slow motion)

We're getting through. He's starting to leave!

But I bet he's got some more tricks

7.

Let's get round this corner and down the street,
Wait I know those shoes....I know those feet!

It's that Magician again he's got a huge net!

Quick, dodge left and right. He can't catch us yet! **(jump sideways left and right)**

8.

Gosh I'm exhausted. Why won't he leave us alone?

We've got eggs to deliver to people's homes.

Bunnies hate magic. Everyone knows that!

I'm not appearing out of a hat!



10.

A dastardly trick but he won't make us quit!
In fact I'm getting a bit sick of it.
Instead of running, we need to change tack,
Let's go and get him! Let's go on the attack!!

9.

*"You'll never escape. I need you for my show!
Let's see how you fare if I make it snow!?"*

Snowing at Easter? It's too cold for me!
I'm starting to shiver! My ears are going to freeze!
(walk and shiver at the same time)

We need to keep moving to increase our blood flow.
(10 star jumps, 10 squats, 10 high knees)
I hate this magician for making it snow!



11.

I can see him there. He's doing a show!
I've got a plan. Let's give it a go!

We'll steal his wand and take all his power.
Then his tricks and secrets will all be ours.

13.

Quick, grab the wand and dash quickly away! **(Grab the wand and jump quickly away)**

You've done really well. You've helped save the day!

Now turn and then point and say the magic phrase,
(turn and point)

"Abracadabra hoppity haze".

12.

Be really quiet, make your steps nice and small, **(sneaking on tip-toes)**

Sneak round the back and make yourself tall.
(stretch up as high as possible)

He's left his wand up there, next to his hat.
What an incredible fool, why would he do that!

14.

Amazing job, you've let him have it!
You've turned the Magician into a rabbit.

Look at his floppy ears, his fluffy tail and his legs.
Now we've got one more helper to deliver the eggs

